


18th Annual Susan G. Komen

Northeast Louisiana Race for the Cure®

September 24, 2011
Forsythe Park - Monroe, LA

2011 Team Packet



Presented by 

NATIONAL SERIES SPONSORS



Dear Team Captain:

In our communities and businesses, we know T.E.A.M. means “Together Everyone Achieves More.” We also know that **leadership is essential** in building a great team. We are so excited that you are taking an active role in organizing a team for the 2011 Susan G. Komen Northeast Louisiana Race for the Cure® held on **Saturday, September 24, 2011**.

A team consists of **10 or more people**. Each team member receives a Komen Northeast Louisiana **Race for the Cure® T-Shirt** plus many post-event refreshments and **awards** for specific categories. As we celebrate our 18th year for the Race, team members are encouraged to collect pledges through our **Power of Ten®** pledge program. Pledge forms are included in this Team Packet.

An important part of the way Susan G. Komen for the Cure functions is that **75% of the money** our local Affiliate raises will stay within our service area in the form of **grants to local nonprofit organizations**. The other 25% funds **national breast cancer research**.

We are delighted your team will celebrate with us this year as we celebrate the 18th Anniversary of the Susan G. Komen Northeast Louisiana Race for the Cure. We're thrilled because we know that “together” we can achieve more in the **fight against breast cancer**.

In an effort to **go green**, we are now offering **online registration** with a **reduced fee** to encourage all our participants to take advantage of this new waste reduction tool.

If you have any questions or need more information, please call our office at **(318) 966-8130** or toll-free at **(888) 273-1238** or visit **www.komenNECLA.org**.

Go Teams!

Teams Committee

2011 Susan G. Komen Northeast Louisiana Race for the Cure®
(318) 966-8130 / (888) 273-1238
komenNECLA@gmail.com



A Promise

Nancy G. Brinker promised her dying sister, Susan G. Komen, she would do everything in her power to end breast cancer forever. That promise is now Susan G. Komen for the Cure®, the global leader of the breast cancer movement, having invested nearly \$1.5 billion since inception in 1982. As the world's largest grassroots network of breast cancer survivors and activists, we're working together to save lives, empower people, ensure quality care for all and energize science to find the cures. Thanks to events like the Susan G. Komen Race for the Cure®, and generous contributions from our partners, sponsors and fellow supporters, we have become the largest source of nonprofit funds dedicated to the fight against breast cancer in the world.



Race for the Cure NELA



Louisiana ranks first in the United States in breast cancer mortality. 2011 marks the 18th annual Susan G. Komen Northeast Louisiana Race for the Cure. Our fundraising goal for this year's Race is \$150,000 to help achieve our vision of a world without breast cancer. Up to 75% of the net proceeds generated by the Komen Northeast Louisiana Race for the Cure stay in the Northeast-Central Louisiana region. To date, we have provided grants in excess of \$1.5 million, generated largely through Race for the Cure, to fund research, screening, and treatment of breast cancer in this area.

A Recognized Name You Can Trust

For the fifth year running, Susan G. Komen for the Cure® has once again received the coveted **4-star rating from Charity Navigator**, the nation's largest independent evaluator of charities. Just 5 percent of charities achieve a four-star rating five years in a row, a testament to our stewardship of your funds and dedication to our mission.

Additionally, Susan G. Komen for the Cure meets the **Better Business Bureau Wise Giving Alliance's** Standards for Charity Accountability. This confirms that an evaluation of informational standards provided by Susan G. Komen for the Cure to the BBB Wise Giving Alliance shows that the organization meets all of the Standards for Charity Accountability.

Once again, 2011 **Harris Interactive** EquiTrend® study ranked Komen among **the top two nonprofit brands in equity** and as a charity people are most likely to donate to. Komen also ranked in **the top 10 of the nation's most trusted nonprofits**. This marks the second consecutive year that Komen received top rankings in these categories.



The Komen Promise: To save lives and end breast cancer forever by empowering people, ensuring quality care for all, and energizing science to find the cures.

Registration Information

It does not matter if some of your team registers for the fun walk while others register for the 5K. If someone wants to switch events, there is no need to notify us of the change. Their Race bib allows them to participate in either event.

Online Registration Instructions



Team Captain Instructions:

1. Go to www.komenNECLA.org
2. Click the Komen Race for the Cure tab on the main page
3. Click the Register tab
4. Click on the Northeast Louisiana Race tab
5. Click on the Start a Race Team icon
6. Fill out your Team Details and follow the rest of the online registration instructions

Team Member Instructions

1. Go to www.komenNECLA.org
2. Click the Komen Race for the Cure tab on the main page
3. Click the Register tab
4. Click on the Northeast Louisiana Race tab
5. Click on the Join a Team icon
6. Search for your team and follow the rest of the online registration instructions

Mailing Paper Entries

Team entries are to be **postmarked by September 9, 2011** to be considered for prizes for largest team, etc. (Schools requesting a later date are exceptions).

Plases follow these instructions carefully.

1. Make sure that all entry forms are signed, **anyone under the age of 18 must also have the signature of a parent or guardian on the form**, and account for all the entry money.
2. Fill out the team cover sheet completely.
3. Complete master list of all your team members (and make a copy for yourself). A form is provided in this packet. This may be copied if you need additional pages. We will cross check the list you provide with the entry forms sent.
4. Put all of the following items into a large envelope.

All signed entry forms and entry fees
(Please do not mail cash).
Team cover sheet.
Team master list.

Team forms (postmarked by September 9, 2011) are mailed to:

Komen Race for the Cure®

P. O. Box 4333

Monroe, LA 71211

(318) 966-8130 / (888) 273-1238

E-mail: komennecla@gmail.com (for information only)

Packets may be delivered to the Northeast Louisiana Affiliate Office in the Kitty Degree Breast Health Center at St. Francis North Hospital.



EACH MEMBER OF YOUR TEAM MUST FILL OUT A RACE ENTRY FORM AND SIGN IT!! If under 18, a parent or guardian must also sign the form. Unsigned forms will not be accepted.

Late Entrants:

Every effort should be made to mail all of your team entries together and on time, but every year some team captains have a few latecomers who still would like to join the team. When you have people return their registration form and money after you have sent us your team, don't panic. There are two ways to get latecomers registered. Bring the entry forms and money with you when you pick up your team's T-shirts and Race numbers. We will assign Race numbers and shirts for them, which you can take with the rest of your team's materials. If they come to you after you have picked up your team's supplies, give them the locations for walk-up registrations listed below. They can bring their money and the completed Race Entry Forms to the walk-up site and register. Late entrants will not count towards your team total for prizes, but they certainly can join you on Race Day.

Organizing Your Team

- Team Size:** There is a minimum of 10 participants.
- Team Deadline:** Register online or mail all entries and fees to be received by **September 9, 2011**. **REMEMBER all members must sign the release form and any member under the age of 18 must have the signature of a parent or guardian.**
- Now through September**
- * Recruit co-captains to help organize your team and recruit team members.
 - * Write an article for your in-house communications, newsletter or e-mail.
 - * Ensure that entries and fees are being collected.
 - * Continue to advertise your team through e-mail, posters and word of mouth.
 - * Encourage team members to recruit friends and family members to join them.
 - * Mail all signed entry forms and fees together.
- By September 9, 2011**
- All team packets must be received by the Race committee in order to qualify for team pick-up. All entries received after this date will be treated as individual entries. Collect all **signed** entry forms, checks or money orders and mail them. You may drop them off at our office in the Kitty DeGree Breast Center at St. Francis North Hospital.
- September 21, 22 & 23**
- * Pick up team T-shirts and bib numbers for your team at our team pick up location in Pecanland Mall in Monroe, LA noon to 6 p.m. on September 21, 22 and 23. E-mail komennecla@gmail.com for exact Mall location. (Teams from out of the Monroe area can request their packets be saved and held to be picked up at the site on Race Day.) Any packets not picked up early will be available at the Race site on September 24, 2011 but remember to save some waiting time and pick up at the Mall early!
 - * Establish a team meeting area for Race day. (Near the Stage is recommended)
 - * Distribute Race bib numbers and t-shirts
 - * Remind everyone to wear their Race number in **front**, not on their backs.
- September 24**
- RACE DAY!!!**
Arrive early so that you have plenty of time to park and enjoy the festivities before and after the Race. Bring your cameras.

Don't forget to drop off your entry for the team t-shirt contest by 9/21 at noon!

Team Captain Checklist

USE THIS CHECK LIST TO MAKE SURE ALL ITEMS ARE COMPLETE ON ALL FORMS

- _____ All entry forms are signed by the participant or by the parent or guardian if the entrant is under 18 years of age. Shirts and bibs will not be given to anyone with an unsigned form.
- _____ All team members have paid the correct amount for their entrance fee: \$25online/\$30 paper for adults and \$10 online/\$15 paper for Kids For the Cure (ages 12 and under) by September 9, 2011.
- _____ All team members know the date and time of the race and the place at the park where the team will meet. (Near the stage is recommended.)
- _____ All team members know that only **ONE** person can pickup team shirts and bibs on Pick-Up Day at Pecanland Mall. Individual team members cannot pick up their shirts.
- _____ The team captain has checked the list and made sure all is in order to ensure no delay on Pick-Up Day.
- _____ If team is competing for Highest Donations per Capita, monies must be turned in with team packet by September 9, 2011.

Please copy the schedule for your team members. All Forms and Information Sheets may be copied.

Entering Offline Donations

Get team credit for donations (cash or check) you collect from friends and family members offline.

If you choose to record offline donations in your personal participant center online before turning them in, please make sure that in addition to your name in the "For" section that you write "recorded" on the check (or on a note for cash). This will ensure that we properly confirm the gifts you have entered.

Team T-Shirt Contest

T-shirts will be voted on this year by Race participants. You can vote for your favorite shirt by making a donation. The t-shirt that raises the most money wins! Any money raised by your team's shirt will be added to your team's fundraising total. To enter your team's t-shirt, please bring it to the Race Packet Pick-Up station at Pecanland Mall by noon on Wednesday, September 21, 2011. You can pick up your team's packet at the same time!



Team Kick-off Party

Come join the fun for pre-Race Day festivities! Set up and decorate your team tent and stay for food, drinks, and fun!

**Friday, September 23
6:00—8:00 PM
Forsythe Park
Refreshments provided**

Tent spaces are 10' x 10' - bring your own tent and coolers! Tent spaces are \$25 each.
There are no electrical outlets available. Overnight security will be provided.
If you have questions or wish to reserve your space, contact our office
@ 318-966-8130, toll-free at 888-273-1238, or email komennecla@gmail.com



Race Day Schedule:

- 6:30 am Race number pick-up for late registrants (not applicable to teams)
- 7:00 am Survivor Tent opens (closes at 8:00 a.m.)
- 7:30 am Kids for the Cure® Activities begin
- 7:45 am Welcome and aerobic warm-up
- 8:00 am 5 K Run/Walk (Kids may walk with Adults)
- 8:30 am 1 mile walk (Kids may walk with Adults)

Awards ceremony and Survivor Recognition to follow Race

A Tribute to Survivors:

- The Race honors breast cancer survivors in several ways:
- Survivors receive a pink Race bib.
 - Survivor tent opens at 7:00am and closes at 8:00 am on Race Day. Survivors only. Must wear current survivor Race shirt or Survivor Race bib to gain entry.
 - Survivor pink t-shirts will be included in team packets.

Use of Race Funds

Supporting our Mission: Our objective is to provide maximum return to support our mission of saving lives and ending breast cancer through education, screening, and research. Up to 75% of the net proceeds from the Susan G. Komen Race for the Cure® fund local breast cancer programs. At least 25% supports the national Susan G. Komen for the Cure Grants Program to fund research. Thousands of local women and men who could not afford breast healthcare have received screenings, education, and treatments as a result of funds raised through the Race each year.

In 2011, we granted over \$200,000 in Northeast-Central Louisiana.

Delhi Hospital	Breast Cancer Awareness Project
Louisiana Cancer Foundation	Breast and Cervical Cancer Screening 2012
Louisiana Cancer Foundation	Seldom Seen, Strongly Felt
Morehouse General Hospital	Education and Voucher Program
Richardson Medical Center	Breast Imaging Project
St. Francis Cabrini Hospital	Lymphedema Screening & Management
St. Francis Medical Center - Kitty Degree	Breast Cancer Patient Navigator



**Komen Northeast Louisiana Race for the Cure® • Monroe, LA • September 24, 2011
Team Cover Sheet**

Please fill out completely. Submit with your entry forms and checks.

Team/organization name: _____

Team captain/contact person: _____

Address: _____

Daytime Phone: _____ Evening Phone: _____

Fax: _____ E-mail: _____

Total number of participants on your team: _____

Team Category:

- _____ **Corporate/Business**
- _____ **School:** Elementary, Middle, Jr High, High School and College
- _____ **Health Care:** Doctor's Offices, Hospitals, Health Organizations, etc.
- _____ **Community:** Scouts, Cheerleaders, Key Clubs, churches etc

Team Inside Ouachita Parish _____

Team Outside Ouachita Parish _____

T-Shirts (sizes needed):

Please note how many survivor shirts will be needed in each size. If you have a pink highlight pen, it would be appreciated if you would highlight the number of survivors shirts needed in each size. Note also the sizes for Kids for the Cure® shirts.

ADULT	SURVIVORS (get both shirts)	KIDS FOR THE CURE®
Small _____	Small _____	Small _____
Medium _____	Medium _____	Medium _____
Large _____	Large _____	Large _____
XL _____	XL _____	Kids do not come in XL Order Adult Size
XXL _____	XXL _____	
XXXL _____ (if available)	XXXL _____ (if available)	

Total number of shirts needed: _____

Please be sure to indicate how many survivor shirts are needed in each size! Double check before you mail.

TEAM SUMMARY:

# ADULTS	_____ x \$25 online or \$30 paper = \$	_____
# KIDS	_____ x \$10 online or \$15 paper = \$	_____
# SLEEP IN	_____ x \$30 online or \$35 paper = \$	_____
Team Tent Fee (\$25)		\$ _____
	GRAND TOTAL	\$ _____

This letter, the team master list, the entry forms, and the monies must be received by Sept. 9, 2011 if you wish to be eligible for the team awards.

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Team Master List

Fill out completely. Keep a copy for yourself. You will need this list when you are passing out team shirts. Use additional copies of this form if your team has more entrants. Thank you.

Team/Organization Name: _____

Team Captain/contact: _____

<u>NAME</u>	<u>T-Shirt Size (Adult or Kids)</u>
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____
9. _____	_____
10. _____	_____
11. _____	_____
12. _____	_____
13. _____	_____
14. _____	_____
15. _____	_____
16. _____	_____
17. _____	_____
18. _____	_____
19. _____	_____
20. _____	_____



Komen Northeast Louisiana Race for the Cure® • Monroe, LA • September 24, 2011

Registration Form

FOR A REDUCED FEE COMPLETE REGISTRATION FORMS AND DONATIONS ONLINE. GO TO www.komennecla.org.
IF YOU REGISTER ONLINE, PAPER FORMS ARE NOT NEEDED.

One person per entry form. Print Clearly. Team entries must be submitted through your Team Captain and postmarked by Sept 9, 2011. Although they still may walk/run with their team, participants who enter later than Sept. 9, must enter as individuals and must pickup their T-shirt and packets as individuals. The Race for the Cure Release Form must be signed. Due to liability issues, a form must accompany every entrant regardless of age or level of participation.

Salutation: _____ First Name _____ Last Name _____ Suffix: _____

Address _____ Apt. or Unit _____

City _____ State _____ Zip _____

Phone _____ Email _____

Age as of 09/24/11 _____ Birth date _____ Sex _____

Emergency Contact Name: _____ Emergency Contact Number: _____

Would you like to be recognized as a breast cancer survivor? Yes No If YES, what year were you diagnosed?

T-Shirt Size (if available) Circle One S M L XL XXL XXXL

Kids for the Cure® T-Shirt Size Circle One YS (6-8) YM (10-12) YL (14-16)

Team Name _____ Team Captain _____

Fees:

Race Registration- Team Runner/ Walker \$30

(circle one) Kids for the Cure® \$15 (12 years & under)

Sleep in for the Cure \$35 (team member is unable to attend race day, receives a t-shirt & giveaway)

\$5 discount for online registration- register at www.komennecla.org

Additional Donation:\$ _____

Total \$ _____

Make check or money order payable to Komen Race for the Cure

100% of your entry fee will benefit breast cancer research, education, screening and treatment. 75% will stay in the local area in the form of grants, the other 25% goes to national research. Team Awards will be posted before the race near the bandstand.

***PLEASE READ AND SIGN

PHOTOGRAPHIC RELEASE

By accepting this race bib and participating in this event (the "Event"), I give my full consent and permission to Susan G. Komen for the Cure, its local affiliates and races (as defined below), their sponsors and corporate sponsors, their successors, licensees, and assigns the irrevocable right to use, for any purpose whatsoever and without compensation, any photographs, videotapes, audiotapes, or other recordings of me that are made during the course of the Event.

WAIVER AND RELEASE OF CLAIMS

MY PARTICIPATION IN THIS EVENT, INCLUDING BUT NOT LIMITED TO, PERSONAL INJURY OR DAMAGE I understand that by accepting this race bib and participating in this Event, I give my consent to these provisions in consideration for being permitted to participate in this Event. I further understand that I may be removed from this competition if I do not follow all the rules of this Event. I am a voluntary participant in this Event, and in good physical condition. **I KNOW THAT THIS EVENT IS A POTENTIALLY HAZARDOUS ACTIVITY AND I HEREBY VOLUNTARILY ASSUME FULL AND COMPLETE RESPONSIBILITY FOR, AND THE RISK OF, ANY INJURY OR ACCIDENT THAT MAY OCCUR DURING MY PARTICIPATION IN THIS EVENT OR WHILE ON THE PREMISES OF THIS EVENT.** I, FOR MYSELF, MY NEXT OF KIN, MY MINOR CHILDREN THAT ATTEND THE EVENT, MY HEIRS, ADMINISTRATORS, AND EXECUTORS, HEREBY RELEASE AND HOLD HARMLESS AND COVENANT NOT TO FILE SUIT AGAINST THE SUSAN G. KOMEN BREAST CANCER FOUNDATION, INC. D/B/A SUSAN G. KOMEN FOR THE CURE, THE NORTHEAST LOUISIANA AFFILIATE OF THE SUSAN G. KOMEN BREAST CANCER FOUNDATION D/B/A THE NORTHEAST LOUISIANA AFFILIATE OF SUSAN G. KOMEN FOR THE CURE, THEIR AFFILIATES AND ANY AFFILIATED INDIVIDUALS, ANY EVENT SPONSORS AND THEIR AGENTS AND EMPLOYEES, AND ALL OTHER PERSONS OR ENTITIES ASSOCIATED WITH THIS EVENT (COLLECTIVELY, THE "RELEASEES") FOR ANY INJURY OR DAMAGES I MIGHT SUFFER IN CONNECTION WITH MY PARTICIPATION IN THIS EVENT OR WHILE ON THE PREMISES OF THIS EVENT. THIS RELEASE APPLIES TO ANY AND ALL LOSS, LIABILITY, OR CLAIMS I MAY HAVE ARISING OUT OFSUFFERED BY ME OR OTHERS, WHETHER SUCH LOSSES, LIABILITIES, OR CLAIMS BE CAUSED BY FALLS, CONTACT WITH AND/OR THE ACTIONS OF OTHER PARTICIPANTS, CONTACT WITH FIXED OR NON-FIXED OBJECTS, CONTACT WITH ANIMALS, CONDITIONS OF THE PREMISES OF THE EVENT, NEGLIGENCE OF THE RELEASEES, RISKS NOT KNOWN TO ME OR NOT REASONABLY FORESEEABLE AT THIS TIME, OR OTHERWISE.

Signature of Participant _____

Date _____



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If every participant collected \$10 from 10 people, an additional \$300,000 would be raised!

Seek out friends, family and co-workers. Collect funds using the form here. If your employer has a "Matching Funds" Program, please attach or send the completed necessary form(s). Your donation will go twice as far! Cash donations are tax deductible! To ensure proper credit to your pledge program, please note your participant name on all mailed donations. In compliance with IRS requirements, receipts will be issued for individual contributions of \$250 and above. For contributions below \$250, a cancelled check serves as a receipt.

Awards and prizes will be awarded to the top individual fundraisers as well as the team with the highest per capita total.

To be eligible for prizes: Individual Pledges must be received by 6:00 p.m. on 9/24/10 to be considered for prizes. Team Pledges must be turned in with Team Packets by Sept 10, 2010.

First Name	Last Name
Address	
City	State Zip
Phone	E-Mail
Team Name	Team Captain

	Donor's Name	Donor's Address (if \$250 or over, for receipt)	Donation Amount
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
	Total Donations		\$